



SEQUIM OPERATIONAL AREA *2021 Issue 9*



Here are some words from Steve Chinn, Commissioner and spokesman, Clallam County Fire District 3 Board of Commissioners.

As a Fire Commissioner for District #3, I have had some great chances to see the role of CERT in our community. There is no doubt, the original vision of what CERT teams would be doing for our community was to serve as a link between our first responders and the community. In case of the “Big Quake” or a tsunami, CERT’s goal was to get to our neighbors to help mitigate disaster issues that our first tier responders couldn’t get to. The focus was to secure our community as well as resources, and wait for the troops to arrive.

The original goals of our local CERT program have evolved over the last year. To go from a group focused on emergency assistance in event of the all-hazard natural disaster to where it is today amazes me. It is impressive to see how the scope of CERT has evolved to go a different direction in helping others.

In 2019, I asked Blaine to provide parking assistance at the Hurricane Ridge Dog Show as a service to the dog club. CERT took on the task as a training opportunity for expanding operations and communication skills. The event was highly successful. The show would not have gone on without CERT. Probably what was more important was the idea that a team of community members could provide a service outside of the scope of All-Hazard mitigation.

In my fire career, I’ve learned some things that are a key to safety and success. One important factor in emergency services is to expand scope of skills but not to the point of diminishing operational effectiveness. Cross-training our personnel so they can provide several skills to help our citizens is essential. In 2020, that is exactly what CERT did. As a CERT member, you have become a vital link in providing for the health and safety of our community.

With the impact of COVID 19, CERT made changes to their scope to provide a different type of assistance to our neighbors. The activation of the CERT teams to help with food distribution was a key in making that program with the Sequim Food Bank a success. CERT was able to give the Sequim Food Bank a system to distribute tons of food to the needy of our fire district. Bear in mind, the program wasn’t just a single event but one that lasted months.

I was a community member on the first day of the Jamestown Covid Vaccine clinic at Carrie Blake Park. I have seen first hand the role of CERT. During the first day of the community distribution, it was plain to see the importance of your team in the process. The Jamestown Medical Clinic did a masterful job of getting vaccines into the arms of the hundreds of arms that day but CERT was critical in that operation by establishing the format for it’s distribution.

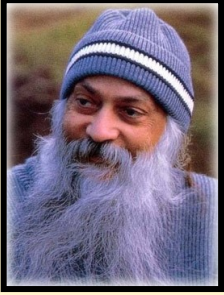
As I was being directed into the Trinity United Methodist Church parking lot for processing that day, I was so impressed with the attitude of every CERT person there. I was expecting a morning of stress and I got comforting smiles from everyone there. As my wife and I received our second vaccine a few weeks ago, it was repeated. Talking to the workers put everyone in that line at ease and with huge smiles of gratitude.

Now the vaccine clinic has grown from hundreds to thousands of citizens in a day. The City of Sequim was featured in numerous news articles both statewide and nationally that pointed out how a small community can work through all the red tape and actually roll up its sleeves and “get it done”. Kudos to you.

As a Fire Commissioner, I know I speak for my fellow Board members in saying a simple thank you. Your adaptability and devotion to our community serves as a model for all.

Situational Awareness Primer

Do You Remember These Domestic Terrorist Events? Would You Have Recognized The Warning Signs?



Fall of 1984 - The Dalles, Oregon - considered the first bioterrorist attack in America (other than tossing a skunk in a cave, ala Tundra)

Bagwan Shree Rajneesh and his 1200 member cult followers tried to influence a school board election by manufacturing salmonella bacteria and then sprinkling over salad bars and adding to coffee creamers at 10 local restaurants.

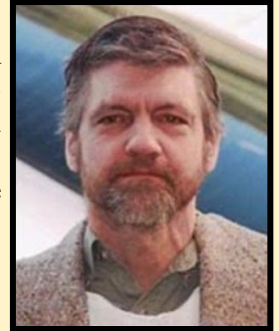
The attack sickened over 750 people but didn't influence the election. There were lots of arrests of cult members and Rajneesh was deported back to India.

Was there anything that would have alerted you to the danger?

The "Unabomber" - Theodore John Kaczynski, an American domestic terrorist, anarchist and former mathematics professor. He was a mathematics prodigy, but abandoned his academic career in 1969 to pursue a more primitive life. Between 1978 and 1995, he killed three people and injured 23 others in a nationwide mail bombing campaign against people he believed to be advancing modern technology and the destruction of the environment. He issued a social critique opposing industrialization and advocating a nature-centered form of anarchism.

The packages containing the bombs were varied and ordinary looking.

Would you have known the suspicious signs to look for before you opened the packages?



1982 - Potassium cyanide laced Tylenol capsules killed 7 people. Unsolved. Would you have recognized anything wrong with the capsules or the boxes? What has been done since to try and deter another event like this?



October 2002 - "Beltway Snipers" - the shooting spree in the Washington, D.C., Baltimore and State of Virginia areas that killed 10 people and injured 3 over a three-week period. The shooters, John Muhammad and Lee Boyd Malvo, chose targets seemingly at random and brought daily life in the area to a virtual standstill. One of the shooters was also suspected in killings in MD, AL, AZ, GA, LO and WA State.

Their motive was to kidnap children to extort money from the government, even though no one was ever kidnapped.

The shooters were hidden from view. Would you have been able to protect yourself?

What would you have done if a shooting happened next to you?

April 15, 2003 - The Boston Marathon Bombers

The Tsarnaev brothers detonated 2 homemade pressure cooker bombs near the finish line killing 3 people, including an 8 year old boy and injuring hundreds. 17 people lost limbs. The cookers were filled with ball bearings, nails, raw metal pieces and other shrapnel. The pair later murdered a campus police officer while unsuccessfully trying to take his firearm.

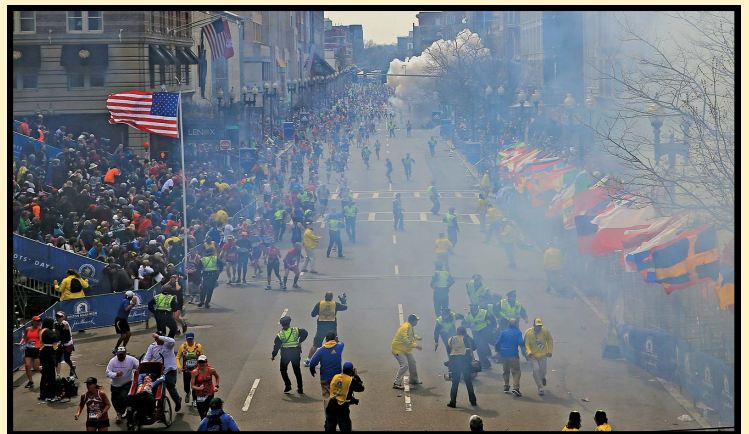


Do the brothers look ordinary to you? Do they look suspicious?

If you knew them, would you turn them in to authorities?

What would you have done after the bombs detonated?

Would you have run away or would you have stayed to help?



Here Are Some Lesser Known Domestic Terror Events Would You Have Recognized The Warning Signs?

September to November 2001 - Anthrax Mail Attacks - Letters containing anthrax spores were mailed to government offices. 5 people were killed and 17 more infected. Do you still blow in an envelope to open it up?



On January 17, 2011, a radio-controlled-shaped pipe bomb was found and defused in Spokane, WA along the route of that year's Martin Luther King Jr. memorial march. On March 9, 2011, the FBI arrested Kevin Harpham of Addy, WA, a white supremacist who acted alone. On December 20, 2011, he was sentenced to 32 years in prison for the attempted bombing.

The bomb had a "welded blast plate" and contained shrapnel, specifically 128 ¼ oz fishing weights, laced with brodifacoum, an anticoagulant rat poison, which prevents bleeding wounds from coagulating; it also contained human feces which causes infections. The pipe bomb was viable and designed to be directional, which means that it was crafted to spray shrapnel into the street where the parade marchers would pass through; had it exploded, the bomb could have caused multiple casualties.

The bomb was found in a backpack (picture) with visible wires and was noticed by three parade workers on a bench in downtown Spokane, about a half-hour before the parade was set to begin. Would you have noticed the unattended backpack? Would you have touched or opened it? Would you call law enforcement on your cell phone or find a land line or police call box (yes they both still exist)?

On December 13, 1999, Ahmed Ressam took the *M/V Coho* car ferry from Victoria BC to Port Angeles, WA. He successfully passed through U.S. Immigration and Naturalization Service checks in Victoria.



The ferry docked in Port Angeles at 6 pm. There had not been any intelligence reports suggesting threats, but a U.S. Customs inspector decided to have a secondary Customs search conducted of Ressam's car.

Another Customs inspector searched the car and found a huge variety of explosives ingredients (some twice as powerful as TNT), operational timing devices designed to detonate primary explosives, consisting of small black boxes containing circuit boards connected to Casio watches and 9-volt battery connectors.

An explosives expert concluded that the materials in his car could have produced a blast 40x greater than that of a devastating car bomb. It was ultimately determined that Ressam had intended to detonate the explosives at the Los Angeles International Airport.

On July 27, 2005, Ressam was sentenced to 22 years in prison, plus 5 years of supervision after his release; credited for good conduct, he could have been released after 14 years. On January 16, 2007, a divided panel of the US Court of Appeals for the Ninth Circuit in Seattle reversed Ressam's conviction on one of the charges, due to the majority's reading of the applicable law. The Supreme Court of the United States overturned the Ninth Circuit in an 8–1 decision on May 19, 2008, restoring the original convictions and sentence.

On February 2, 2010, the Ninth Circuit Court of Appeals ruled that Ressam's 22-year sentence was too lenient, and did not fit in the then-mandatory sentencing guidelines, which indicated he should have received at least 65 years, and up to 130 years, in prison. The appellate court ordered that Ressam be re-sentenced by a different district court judge from the one who had handed down the original sentence. In October 2012, Ressam was re-sentenced to 37 years' imprisonment. Ressam is serving his sentence at ADX Florence, a maximum security prison in Colorado.

What would have happened if the Customs Inspector had not acted on her instincts?

State of COVID and CERT

By Blaine Zechenelly

Well, the world is starting to change back towards normal again. Finally, we can all say that Vaccinations are starting to change the course of the disease as we are significantly down from the peaks in January and December. (See Figure 1)

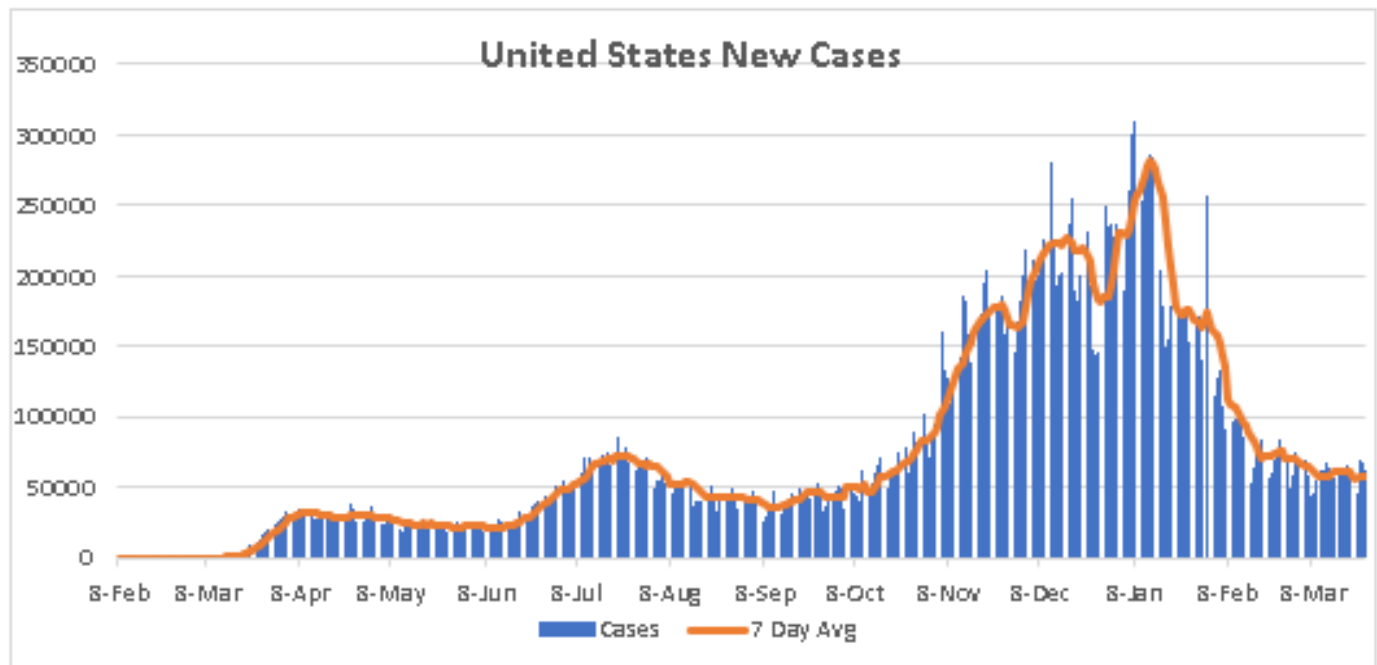


Figure 1 Number of New Cases per Day.

In fact, we are back to the summer levels of last year but we are still at risk due to the variants now starting to spread throughout the United States. These variants are in fact more contagious than the original virus. On a very positive note, though, the vaccines work against these variants albeit at a lesser effectiveness level but still well enough to be very effective. So, I encourage you to get vaccinated if you have not done so already. Do not wait for Johnson and Johnson vaccination as this may be a four to six month or longer wait time. In that timeframe you may become infected and it is just not worth the risk. Our advice is simple "get what you can get". Moderna and Pfizer vaccines are the gold standard at the 94-95% effectiveness level for patients even though it requires two shots.

Also, the leader in mass vaccinations in this county is the Jamestown S'Klallam Tribe. After a 4-month effort they are winding down mass vaccination so you will need to go elsewhere later. Jamestown efforts with the City of Sequim's Police and Public Works, Clallam County Fire District 3, its CERT program (over 180 CERT volunteers participated) and Trinity United Methodist Church provided 70-75%% of the shots in the county through March of 2021. This resulted in 52,376 shots in Washington State's Department of Health database, plus another 2,000 more not in the database and a further 2,000 via the Federal Nursing Home program. Based on this, we estimate that 34,000 of the 62,000 eligible adults have been done through

March or 55% of the adult population. We hope to do another 3,000 1st doses in adults in April and complete all remaining second doses for them by the end of the month. This should achieve 37,000 fully vaccinated adults or 60% of the adult population in the county. These numbers are even higher for the Sequim Operational Area (~10% more). The remaining adults who want them will receive their doses via the vaccine clinic in Port Angeles, the pharmacy programs or their primary care facilities if so offered, however this will take at least several months before they can fill the demand and will not be as easy as the mass vaccinations.

So, what is next? Well, the state has now moved to Phase 3 as of March 22, which allows gatherings of up to 50 people with masks and social distancing. Restaurants can open up to 50% capacity and sporting events can happen with limited seating capacity. We can open up public buildings, begin CERT academy again, and have in-person team meetings as long as all observe mask and social distancing rules. This will require some time since agencies governing this have yet to write the exact rules supporting the governor's actions. Until this is done there will be delays in opening. Expect by May we will be up and running with team meetings and academy starting in June.

Then what? We will begin preparing for Cascadia Rising 2022. This will be a 3-state exercise of the emergency plans for a Cascadia Subduction Earthquake of a magnitude 9.0. It will be a four-day exercise in the second week of June in 2022 with lead up exercises for it. YOU WILL BE A PART OF IT! More to come on this in the future. So, in conclusion - normal is coming back.

Eastern Clallam County Community Emergency Response Team



Clallam County Fire District 3's Eastern Clallam County
Community Emergency Response Team Program
includes the communities surrounding the City of Sequim, Jefferson County's
Gardiner Community, West Discovery Bay, and the Jamestown S'Klallam Tribe.

In case you haven't seen it, here is the new logo for our organization
besides the national CERT logo



Excerpted from Urban Survival Site -
Alan for DIY, Upcycling

Every time you go to the grocery store, you get free supplies for your survival stockpile. Plastic grocery bags!

Believe it or not, those pesky bags could potentially save your life, or at least help you out in a survival scenario

Plastic grocery bags are not environmentally friendly because they do not break down, which means they end up sitting in the landfills forever. But, as long as they will be around for so long, why not use them for something good - like survival. So don't feel guilty about plastic grocery bags! And the best part of all is you can roll up 50+ bags inside another bag for safekeeping.

1. Make Ropes - Tie the bags together to create a strong rope that can be used to pull gear, hold gear down, or hang your clothes to dry. You can braid several bags to make a thicker rope.
2. Insulation - Use the bags for insulation in a room or tent. Stuff the bags with wadded up newspaper or leaves and line the walls. Use a bit of duct tape to secure the stuffed bags to the walls.
3. Keep Your Feet Dry - Bags over your shoes will help keep your feet dry when you're outside in the rain or snow. Use a little duct tape to hold the bags around your ankles.
4. Make a Sling - If someone hurts or breaks an arm and nothing else is available, plastic bags can be tied together to create a crude sling until the person can get proper medical attention.
5. Mark a Trail - If you want to go exploring around your camp and avoid getting lost, or if you want to mark a trail so a friend or family member can follow you, use plastic grocery bags. Simply tie them to trees or bushes, and make sure each one is within sight of the last one.
6. Keep Your Gear Dry - Put your gear inside a bag or two to keep it dry if you are walking in the rain or have to cross a river.
7. Carry Water - Use the bags to carry water from a lake or stream. You will want to double or triple the bags to make sure to get a good seal make it strong enough to survive the trip back to camp.
8. Makeshift Gloves - If you don't have gloves, you can put your hand inside a bag and use it as a barrier between your skin and whatever icky thing you are touching or picking up.
9. Hold Trash - This is a given. They make great mini trash bags which will help keep your camp or space neat and tidy. If you want to conceal your presence, keeping trash picked up is important.
10. Hold Waste - If you don't have access to a toilet and can't dig a hole, the bags will work in a pinch. Double or triple to prevent leakage. You can also use the bags for waste from an animal or fish you have just cleaned.
11. Make a Pillow - A bag stuffed with leaves or more bags will work as a makeshift pillow. For a larger pillow, tie several stuffed bags together with tape.

12. **Make a Sleeping Mat** - Create a soft sleeping mat with several plastic bags that have been stuffed with leaves, pine needles, newspaper, or other bags. Put the stuffed bags on the ground to create a barrier between you and the cold ground.
13. **Collect Food and Supplies** - If you don't have anything else to use, take a bag along with you when you go forage or hunt. You'll save trips, time and energy.
14. **Protect Your Plants** - Use the bags to cover plants in your garden if you suspect a freeze. The bags will act as mini greenhouses. In a post-collapse world, protecting your young plants will be extremely important.
15. **Ice Pack** - If you or someone else has an injured or sore area and need an ice pack, just fill a plastic bag with snow or ice and tie it closed.
16. **Boil water** - If you need to boil water but all you have is a plastic bag, dig a hole in the ground, line it with the bag, and fill with water. Meanwhile, put some rocks into a fire. When they're red hot, put them in the water and pretty soon it will start boiling.
17. **Stop Drafts** - Plug drafty windows by stuffing the cracks around the windows. You can also stuff them under doors to block the drafts. If you have no electricity and you need to preserve your heat, this will be a big help.
18. **Catch Fish** - You can use bits of plastic bags as lures, or you could poke a few holes in the bag (to allow some water through) and use it as a fish net.
19. **Protect Your Food** - Put your food in bags and tie it to tree branches. This will keep pests like ants and bugs from invading and hopefully keep bears and other predators from stealing it.
20. **Build a Fence** - Use plastic bags to tie fence panels together. The bags are remarkably strong and can keep fence panels or pallets together. You will need to replace the bags after a few months, as they do weaken after a lot of sun exposure.
21. **As Vomit Bags** - Use the bags as emesis bags, more commonly known as barf bags. In a pandemic situation or even in a post-collapse world lacking in sanitation, viruses and illnesses are going to be rampant. Vomit and bodily fluids in general can quickly lead to an outbreak. The bags can help keep things relatively sanitary.



THE BIG BIG BIG BIG SPRING DECLUTTER LIST

Just think of all the preparedness storage space you'll have when you're done

- Books you've already read & don't want to display
- DVDs you don't watch
- Damaged clothing you can't mend or give away
- Scratched non stick cookware you don't use
- The other side of a pair of lost earrings (if valuable stone, cash it in or have it made into something)
- Cards people have given you with no sentimental value
- Receipts you don't need (shred or recycle)
- Socks with holes or no mates
- Dried flowers with no purpose
- CDs you don't listen to
- Hair accessories you don't use (thrift stores)
- Shoes that don't fit, are worn out or that you never wear
- Little knickknacks with no sentimental value
- Kitchen things & fads you don't use or are broken
- Scarves, hats & gloves you never wear
- Delete unwanted music from your iTunes
- Gifts with no sentimental value you don't like - regift!
- Old, expired or sample size toiletries
- Extra buttons
- Toys your pets don't play with
- Expired medication - prescription & OTC (take to pharmacy or fire station for disposal)
- Expired coupons
- Outdated electronics unless it's an actual collectible
- Stockings with runs or has lost it's stretch
- Pens & markers that are dried up or don't work
- Worn out sheets & bedding (cut up sheets for first aid supplies - put bedding in camping gear, etc)
- Empty bottles of cleaning products (recycle)
- Broken electronics & manuals
- Flatware, plates & glasses that don't match the rest of your collection or never use
- Dingy children's dishes you no longer use
- Puzzles & games with missing pieces and parts
- Wedding, party, shower invites & grad & baby announcements and favors with no sentimental value
- Spare furniture parts & manuals you don't need
- Extra or mismatched Tupperware or plastic ware
- Random containers & jars
- Old artwork or children's artwork - keep select few
- Broken or old cell phone boxes and cases
- Extra or unused coffee mugs, mugs or steins with no sentimental value
- Address labels from past addresses
- Wrinkled ribbons & squashed bows for gift wrap
- Matchbooks & boxes with no sentimental value
- Old folders & office supplies
- Broken Christmas decorations, lights that don't work, ragged garland, & wonky hooks & hangers
- Old & outdated software and outdated program CDs
- Old cell phones & accessories
- Hand me downs that you're guilt tripped into keeping (have a friend assist if it will help)
- Clean up email by unsubscribing to unneeded emails and old unneeded emails
- Old school books you'll never use again (donate if they are not terribly old)
- Old paperwork (shred or recycle)
- Snacks your pets don't eat
- Stained clothing you can't clean or give away
- Scraps of wrapping paper
- Ticket stubs with no sentimental value
- Old t shirts
- Magazines, flyers, pamphlets & booklets
- Hair elastics that have lost stretchiness
- Extra photo prints without sentimental value
- Kitchen utensils you have 2 of (thrift stores)
- Tired bras and ragged underwear
- Clothes that don't fit or are way out of style
- Old makeup - it does go bad & can mold
- Old ragged towels - repurpose for cleaning
- Old, bent or unused clothes hangers
- Expired sauces, condiments, spices, etc
- Dried up nail polish
- Old swimwear that's lost it's stretch
- Rusty or corroded jewelry
- Jewelry with broken clasps (fix if you keep)
- Cables & wires you don't use
- Worn out bath mats and rugs
- Purses & wallets you never use
- Old pillows
- Boxes - break down and recycle
- Unused or broken vases
- Old or junk mail
- Unused stationary, stickers & sticky notes
- Used and ripped envelope
- Old or corroded batteries (they do expire)
- Frequent shopper cards you never use
- Old, ripped or torn shopping bags
- Old calendars with no sentimental value
- Magnets with no sentimental value

THERE...NOW DOESN'T THAT FEEL BETTER?

Things to Do, Learn & Buy This Quarter

How is everyone doing? Accomplish all or part of the previous lists?

TO DO

- Check up on your retirements accounts.
- Declutter your living room.
- Start your garden. Potatoes or herbs are easy to begin.
- Install rain barrels on your gutter downspouts.
- Clean out from under beds to make room for supplies.
- Have 2 escape routes out of every room in your home.
- Look for 2nd hand clothes for BOBs at thrift stores. Remember to shop local!!
- Replace all the vent filters in your home.
- Inventory all dry foods...rice, beans, pasta and grains.
- Download the Pocket First Aid & CPR app on your phone.



TO LEARN

- Read about and make homemade cleaners for your entire home.
- Research shemaghs or tactical scarves, what they are and their uses.
- Read a prepper novel this quarter.
- Learn about and find an alternative cooking method.
- Learn how to cut your family's hair.
- Learn how to read the sky and know the weather. (Clouds are featured in this issue)
- Practice 3 new knots (refer to Issue 3 for instructions on common knots)
- Learn how to knit or crochet.
- Learn how to regrow your food indoors—celery, lettuce, green onions, herbs, etc.
- Research foraging for food in your area.

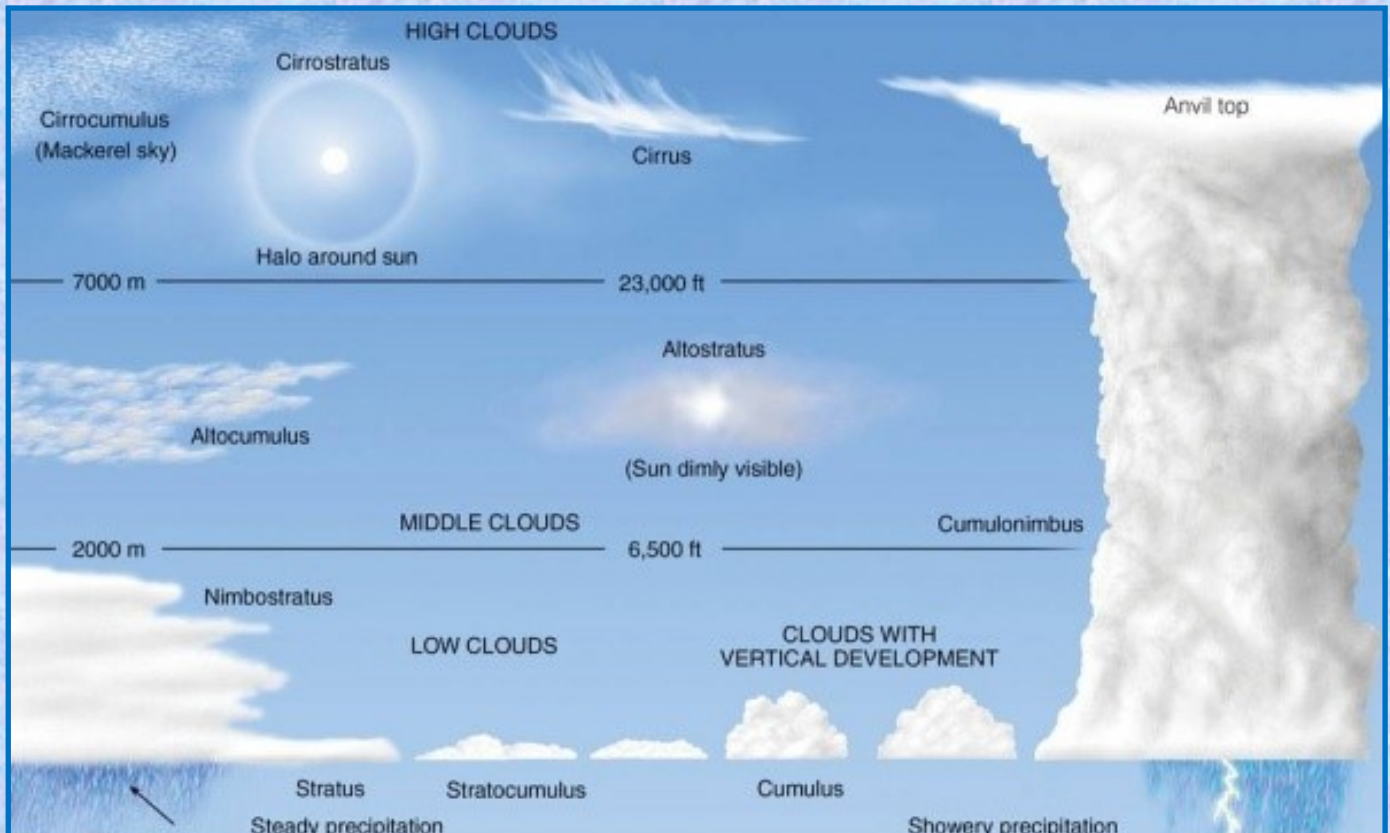


TO BUY

- Stock up on disposable (compostable) plates, bowls, cups, and plastic utensils.
- Purchase and correctly store 5# of rolled or steel cut oats.
- Research and buy a small mess kit for each BOB.
- Stock up on and safely store charcoal and lighter fluid.
- Make sure each BOB has waterproof matches/container, whistles, signal mirror & compass.
- Stock up on canned broth and boullion.
- Purchase a manual can opener for your home, rv, camping gear, and every BOB.
- Check out yard sales and thrift stores for cold weather gear and clothing.
- Check vehicle wipers and washer fluid. Purchase extra when on sale.
- Hit the discount stores to round out your first aid supplies and kits.



Clouds



High Clouds (16,500-45,000 feet)

Cirrus



Cirrus clouds are delicate, feathery clouds that are made mostly of ice crystals. Their wispy shape comes from wind currents which twist and spread the ice crystals into strands.

Weather prediction: A change is on its way!

Cirrostratus



Cirrostratus clouds are thin, white clouds that cover the whole sky like a veil. These clouds are most commonly seen in the winter, and can cause the appearance of a halo around the sun or the moon.

Weather prediction: Rain or snow will arrive within 24 hours!

Cirrocumulus



Cirrocumulus clouds are thin, sometimes patchy, sheet-like clouds. They sometimes look like they're full of ripples or are made of small grains.

Weather prediction: Fair, but cold. However, if you live in a tropical region, these clouds could be a sign of an approaching hurricane!

Mid-level Clouds (6,500-23,000 feet)

Altostratus



Altostratus clouds are gray or blue-gray mid-level clouds composed of ice crystals and water droplets. The clouds usually cover the entire sky.

Weather prediction: Be prepared for continuous rain or snow!

Altostratus



Altostratus clouds have several patchy white or gray layers, and seem to be made up of many small rows of fluffy ripples. They are lower than cirrus clouds, but still quite high. They are made of liquid water, but they don't often produce rain.

Nimbostratus



Nimbostratus clouds are dark, gray clouds that seem to fade into falling rain or snow. They are so thick that they often blot out the sunlight.

Weather prediction: Gloomy with continuous rain or snow

Low Clouds (below 6,500 feet)

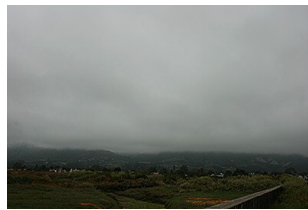
Cumulus



Cumulus clouds look like fluffy, white cotton balls in the sky. They are beautiful in sunsets, and their varying sizes and shapes can make them fun to observe!

Weather prediction: Fair

Stratus



Stratus clouds often look like thin, white sheets covering the whole sky. Since they are so thin, they seldom produce much rain or snow. Sometimes, in the mountains or hills, these clouds appear to be fog.

Weather prediction: Fair, but gloomy

Cumulonimbus



Cumulonimbus clouds grow on hot days when warm, wet air rises very high into the sky. From far away, they look like huge mountains or towers.

Weather prediction: Look out for rain, hail, and tornadoes!

5 Ways To Store Meat Without A Refrigerator

By Sara Tipton - This article was originally published at [Ready Nutrition™](#) on December 9th, 2020

Thanksgiving has come and gone, but if you're like most, you have a lot of leftover turkey and ham. Those on homesteads have mastered the art of preserving that meat too so it won't go to waste without a refrigerator!

We live in a world where it has become extremely important to prepare your family for disasters. It would be unfortunate to have all of that leftover Thanksgiving turkey go to waste in the event that the power grid goes down or an ice storm knocks out your electricity. To prepare for these situations, many people are beginning to realize the importance of not wasting food and keeping stored food on hand.

Curing – Salt curing is personally my favorite way to preserve and store meat without a refrigerator. It involves quite a bit of time and effort but it's not too bad once you've done it a few times. Traditional favorites like sausage, bacon, and pastrami were preserved by salt curing. It's also a cheap and easy process to master perfect for the new homesteader. You will need a cool area and a place where meats can be hung out of the way. Some curing recipes are used in combination with smoking for flavor. Be sure to stock up on a lot of salt for your prepper pantry if you find you enjoy this! Check out this method if you want to give it a try!

Smoking – This is also a favorite way to preserve meat. This is common in areas with too much humidity to dry meat (jerky). Smoking fish is also another way to preserve your catches. Please keep in mind that modern recommendations are to consume smoked meat sparingly as smoke may contain carcinogens. That being said, it may still be a good choice for some of your harvest or an emergency situation. Smokers can be purchased or made at home. Obviously, this method is better suited to those with access to a backyard.

Dehydrating – This is how we get jerky. Dehydrating is probably one of the easiest and healthiest methods of storing meat. This works for vegetables and fruits too. Meat can be dried with the help of an electric dehydrator or a solar dehydrator. If you opt for an electric dehydrator, it's probably best to purchase a larger one. A solar dehydrator can be used without electricity in case the grid does go down. Solar dehydrators are also weather dependent. Solar dehydrators can be purchased or there's a lot of DIY plans available online. With either you'll need to make sure you're meat is fully dried. If it's left too moist it can mold.

Pressure Canning – One of the best investments I have ever made was to pay extra for a high-quality pressure canner. Because you should never water bath can meat, you will need a pressure canner if you want to preserve meat in this way. This is probably one of the most popular methods today as once the meat is canned it requires no further work. You simply reheat the canned meat when you're ready to eat it and the jars are portable. Pressure canners are affordable, perfect for even apartment homesteaders, and are great for putting up vegetable harvests too.

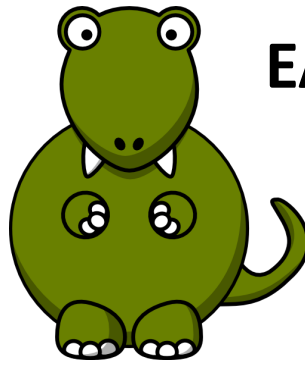
Lard Storage – First, you'll need lard to make this happen. This method may be very practical for those butchering an animal with a lot of fat. Both raw and cooked meat can be layered in a crock with melted lard. The lard prevents the growth of bacteria by keeping air from getting to the meat. It's a cheap and effective storage method and involves no equipment. Using the fat of an animal to store its meat could be a way to waste less of the animal as well.

Now is a great time to try one of these ways to preserve meat!

Test them out and see what works for you and your family!



HOW DO YOU



EAT A DINOSAUR?

The same way you prepare for an emergency or disaster: 1 bite at a time!!

What to buy in:

April

Easter candy clearance
Mustard
Cake mixes/Frosting
Organic/Natural Foods
Brown Sugar
Chocolate Chips
Food coloring & dyes
Olive Oil
Powdered Sugar
Spices
Sugar

Second Hand Stores

Winter Tires
Cookware
Auto Parts
Car Care Supplies
Sneakers
Organic/Natural Cleaners
Home Improvement Supplies
Garden Supplies
Spring Clothing
Snowblowers
Sewing Machines
Slow Cookers
Laptops
Vacuum Cleaners

May

BBQ Sauce
Salad Dressings
Chips
Soda
Bottled Water
Allergy Medications
Cat Food & Treats
Coffee
Pickles & Relish

Anything at Flea Markets

Insect Repellent/Sunscreen
Party Supplies - Disp plates,
cups, napkins &
utensils
Grill Supplies - Charcoal,
Lighter Fluid
Cookware & Knives
Mattresses
Pet Supplies
Pressure Cookers
Sewing Machines
Slow Cookers
Clearance Spring Clothing
Patio Furniture - Last Season
Refrigerators

June

Soda
Bottled Water
Allergy Medications
Condiments
Juices
Pickles & Relish
Chips
Dairy & Eggs
Hotdogs & Buns

First Aid Supplies

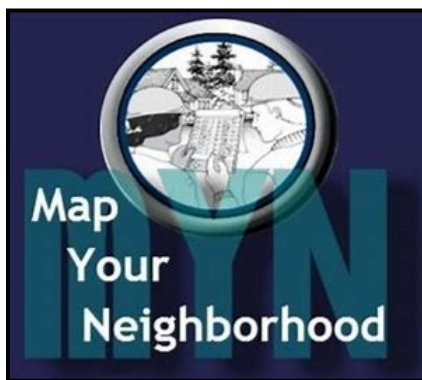
Insect Repellents/Sunscreen
Dishes
Tools - Around Father's Day
Women's Undergarments
Home Improvement Materials
Cookware & Knives
Chainsaws
Generators
Pressure Cookers
Slow Cookers
Grills & Supplies
Party Supplies
Garden/Irrigation Supplies
Garden Tools



REMEMBER: WHEN DISASTER STRIKES, THE TIME TO PREPARE HAS PASSED.



Upcoming CERT Academy: Due to the COVID-19 restrictions, Sequim Operational Area classes will resume when it is safe to gather once again. For all information, contact Cindy Zechenelly at 360-504-2531 or cindyiz@hotmail.com or czechenelly@ccfd3.org.



Get to know your neighbors! Learn how to prepare your neighborhood for a major emergency or disaster. When it is safe to gather again, meetings are scheduled weekdays, nights and weekends. Over 1300 trained so far!! For all information, contact Lynne Schlosser at lynne5977@live.com.

Our immense thanks to KSQM 91.5 FM for their support!!!

Share your COVID-19 “stay-at-home” experiences and any pointers or ideas! Email to Lynne Schlosser at lynne5977@live.com and we’ll share in our next issue!

Coming up in our next issue!

A message from Division Chief Charlie Meyer
Situational Awareness Primer - Run, Hide or Fight
Hardtack - What is it and how to make it
Jeremiah Johnson talks Bungee Cords
How to Make Your Own Seed Bank

IT WILL SOON BE
TIME FOR CERT AND
MYN TO BEGIN
AGAIN!
ARE YOU READY?

AND LOTS LOTS MORE!!!